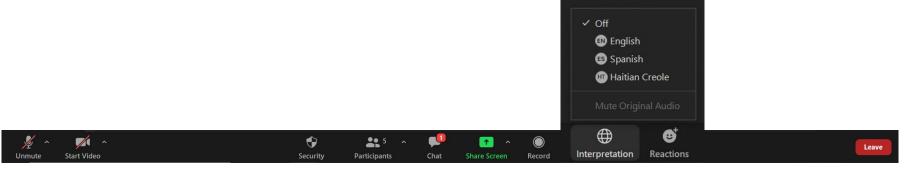


Welcome! ¡Bienvenidos! Akeyi!

- Si hablas español y prefieres escuchar la reunión en esta lengua utiliza el botón de "Interpretation" (Interpretación) para acceder al canal de audio en español.
- Si w pale Kreyòl Ayisyen e w prefere tande reyinyon an nan lang sa a tanpri sèvi ak bouton "Interpretation" (Entèpretation) pou w jwenn aksè ak chèn odyo pou Kreyòl Ayisyen an.



Welcome! ¡Bienvenidos! Akeyi!

- This meeting **will be recorded**.
 - Esta reunión será grabada.
 - Reyinyon sa a ap anrejistre.
- Update your name in Zoom to include your preferred name and your pronouns.
 - Actualiza tu nombre en Zoom con tu nombre preferido y tus pronombres.
 - Aktyalize non w sou Zoom pou w mete non prefere w ak pwonon w.



Welcome! ¡Bienvenidos! Akeyi!

- Your microphones are turned off to start. You will need to unmute to speak. Joining via phone? Press *6 to unmute.
 - O Tu micrófono está apagado al empezar. Tendrás que reactivarlo para hablar. ¿Participando por teléfono? Presiona *6 para reactivar el micrófono.
 - Mikwo w fèmen pou kòmanse. Ou pral bezwen ouvri mikwo a pou w pale. W ap konekte pa telefòn? Peze *6 pou ouvri mikwo a.
- You can use non-verbal feedback options. Raise your hand or leave a message in the chat box if you have a question. If you called into the meeting, use *9 to raise your hand.
 - Puedes utilizar las opciones de reacción no verbales. O dejar un mensaje en el chat si tienes alguna pregunta. Si estás llamando por teléfono usa *9 para levantar la mano.
 - Ou gendwa sèvi ak opsyon fidbak non-vèbal. Leve men w oswa kite yon mesaj nan bwat tchat la si w genyen yon kesyon. Si w konekte nan reyinyon an, sèvi ak *9 pou leve men w.



DON'T LOOK AT YOUR SCREEN WHILE DRIVING



Hello! ¡Hola! Bonjou!



Jeffrey Alexis

Principal Engineer, Public Works Department



Andrea Burns

Director, Age-Friendly Boston, Age Strong Commission



Jen Rowe

Active Transportation Planner, Transportation Department

Meeting Goals

Learn how the City is working to be age-friendly

- Learn about Age-Friendly Boston, the citywide effort to support older adults in leading healthy and productive lives
- Introduce street design practices that support aging in place

Learn about the Cummins Highway reconstruction project

- Project goals and opportunities
- Age-friendly street design that we plan to include in the Cummins project
- Next steps for the project

Cummins Highway Temporary Redesign

We ended the trial on Cummins Highway in October 2021. Until construction begins, the street will be like it was before.

During the last year, we collected data on traffic speeds, travel times, and your experience of one lane in each direction. Visit boston.gov/cummins-highway to review the data we collected.

The data we collected will inform how we design the new Cummins Highway, but **your input is still crucial.**



We cannot produce a design without your input. You will help shape how Cummins should be for the next 70 years.

Currently, we are doing community outreach to inform the final design.







We plan to reconstruct Cummins Highway

Cummins Highway hasn't been updated since the **spring of 1955**.

The street cars that ran along Cummins were removed in 1953 to make room for more cars.

The street's layout reflects the priorities of the 1950's: enable non-residents to drive quickly through our neighborhoods.



During a reconstruction project we **completely rebuild** the street, including sidewalks, curbs, street lights, traffic signals, road pavement, and replace or update utilities as necessary.

The City has budgeted approximately **\$24 million** for reconstruction of Cummins Highway.









Advance Go Boston 2030 goals:

- Improving safety on our streets
- Reducing emissions
- Investing in communities to achieve equity in access to opportunities



- Advance Go Boston 2030 goals
- Partner with other City departments to advance our collective plans:
 - To inform residents of the work happening around the City
 - To improve collaboration in our work and achieve neighborhood and citywide goals



- Advance Go Boston 2030 goals
- Partner with other City departments to advance our collective plans
- Collaboration with residents to advance your goals:
 - Awareness and participation in efforts that you care about
 - Confirm your vision for the future through our projects





Age Friendly Boston launched in 2014

- Boston joined the World Health Organization network of age-friendly cities through US partner, AARP
- We began with an Age-Friendly Action
 Plan
- We collaborated with UMass Boston Gerontology on Social and Demographic Research on Aging

8 interconnected domains of urban life



















Communities across Boston informed the Plan

- Interviewed community organizations and city departments
- Gathered information from every Boston neighborhood
- Hosted 30 listening sessions including sessions in Spanish, Haitian-Creole, Mandarin, Cantonese.
 - 800 residents attended.
- Distributed survey in 6 languages.
 - Received **3,600** responses.





We hosted two Mattapan listening sessions

- Mattapan Branch Library
- Greater Boston Nazarene
 Compassionate Center
 - The City's largest
 - More than 100 attendees
- Interpretation in Haitian Creole



Overarching themes across City neighborhoods

- Boston has an abundance of programs, resources, services, amenities
- There's room to improve access:
 - Walkability safe and maintained sidewalks, benches, public restrooms
 - Awareness information in multiple media and languages
 - Inclusivity additional outreach, support, accommodations for seniors with disabilities and/or health conditions



Age-Friendly Boston: Assessing need and charting a course of action

Center for Social & Demographic Research on Aging Gerontology Institute John W McCormack School of Policy and Global Studies University of Massachusetts Boston

June 2016

Overarching themes in Mattapan

Strengths

- Plentiful parks and paths
- Daily destinations in walking or biking distance
- Existence of public transit, sidewalks, curb cuts

Weaknesses

- Concerns about personal safety at night
- Poor bike infrastructure leading people to bike on sidewalks
- Poor walkability, pedestrian safety, especially on Blue Hill Avenue near Mattapan Square



In 2016, we shared the Action Plan at "Sidewalk Celebrations"

- Celebrated the Age Friendly Action Plan's release
- Shared key findings
- Demonstrated physical examples of what was in the plan
 - Gardening
 - Meditation
 - Sidewalk safety







We're now implementing the Action Plan's priorities by:

- Raising awareness of programs, resources, services, amenities
- Improving walkability and building inclusivity through City plans, projects, and policies
 - Advocating for the needs of older adults
 - Helping older adults
 engage with the City and
 voice their perspectives
 directly



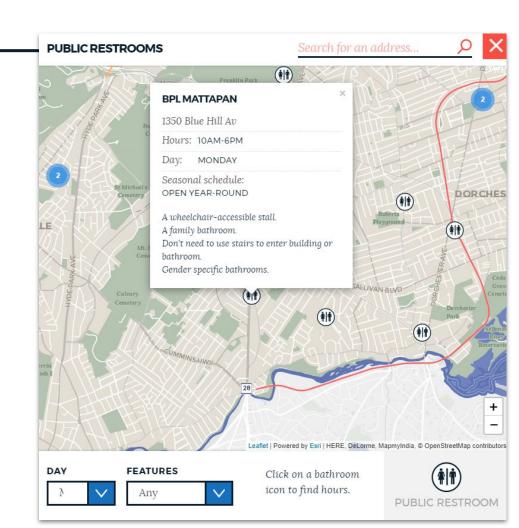
We map of age-friendly walks

- Collaboration with MGH to address isolation and effects of pandemic lockdown
- Heard desire for age-friendly places to walk within the City
 - Outdoors
 - Reasonably easy to get to
 - No steep grades
 - Plowed within 48 hours of snowstorms
 - Benches and restrooms



We map public restrooms

- Three in Mattapan (all City-owned):
 - o BPL
 - BPD District B-3
 - BCYF Gallivan
- Interest in establishing more, including:
 - Private facilities
 - Public partnerships with other agencies (e.x. MBTA, DCR)



We map benches

- A fellow with the Mayor's Office of New Urban Mechanics undertook the City's first survey of benches
- Identified 100 + benches
- Map shows uneven distribution across City
 - Only one bench identified in Mattapan
 - Obvious disparities in equity and access
 - o Led to City-wide bench program
- Four new benches were installed in Mattapan – immediately put to use!



We co-host walk audits

- Collaborated with Vision Zero Task Force, the Disabilities Commission, and Walk Boston
- Mattapan Square was chosen as one of three neighborhood centers, following listening session feedback
- Results are informing BTD's redesign of Mattapan Square
- Pop-ups coming this summer!



We advocated for lowering Boston's default speed limit

- Emphasized connection between driving speeds and safety for people of all ages and abilities
- Citywide speed limit reduced from from 30 mph to 25 mph
- Advised placement of solar-powered speed feedback signs



We promote 311 for reporting sidewalk issues

- Collaborated with Public Works and BOS:311
- Encouraged reporting of non-emergency issues:
 - Obstructed sidewalks
 - Broken concrete
 - Tree roots and other tripping hazards

BOS:311

Four ways to report non-emergency issues:









We help older Bostonians get civically engaged

- Facilitate access to City planning processes
- Run a Senior Civic Academy
 - Demystify civic processes, aging policy
 - Advocacy training
 - Meetings with local, state, federal administrators and electeds





We change street design

- Collaborated with artist in residence Karen Yong on "Older and Bolder" elder voice project
- Older adults
 advocated for safer
 crossing in front of
 the the Grove Hall
 Community Center
- Resulted in a raised, high-visibility crossing









We work with the streets cabinet on age-friendly street design

- Advance City-wide policies
 - Age-friendly concrete as sidewalk surface
 - Yellow tactile strips on ramps
- Press for age-friendly street designs in transportation projects led by the Transportation and Public Works departments





Why age-friendly street design?

"Transportation is the vital link that **connects older adults** to social activity, economic opportunity, and community services that support their independence.

Without it, people are less able to **remain in their homes and communities** as they age."

AARP Policy Book



Age-friendly street design is all about options

Transportation options benefit everyone in the community, including older adults, a disproportionate share of whom can no longer drive, cannot afford the expense of owning a car, or choose not to drive.

A variety of safe, affordable, dependable and user-friendly travel options enable people of all ages to stay active and engaged in their communities.



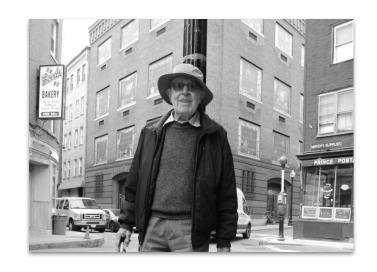
Safety is even more important for older adults

- Older adults (65+) are hit and killed at a higher rate than other age groups:
 - o 17% of MA population, but
 - 36% of fatal crash victims in Massachusetts in 2021
- Older adults are 2-8 times more likely to die than adults aged 64 and younger when struck by vehicles
- The fatality rate for pedestrians
 75 and older is higher than any other age group



AARP specifically endorses a Complete Streets approach

- A Complete Street is safe for all users—that is, usable by people of all ages and abilities by any means, including walking/rolling, biking, riding public transit, and driving
- When roads are safe for all users, older adults have more options to safely and affordably get around



Pedestrian safety begins at intersections by ensuring:

Accessibility

- Accessible ramps
- Audible pedestrian signals
- Sufficient time to cross
- Clear path of travel

Visibility

- Curb extensions
- Pedestrian head start*

Safe speeds

- Tighter turns, narrower travel lanes
- Raised crosswalks









Pedestrian safety continues along the sidewalk with:

Accessibility

- Wide sidewalks
- Gentle grades
- Proper drainage
- Adequately-sized tree pits
- Clear path of travel

Visibility

 Lighting sufficient to navigate, no glare

Safe speeds

Narrower travel lanes



Pedestrian comfort also matters!

- Age-friendly design includes:
 - Benches
 - Public restrooms
 - Water fountains
 - Wayfinding
 - Street trees
- It also involves working with businesses because local shops, amenities and services are also super important





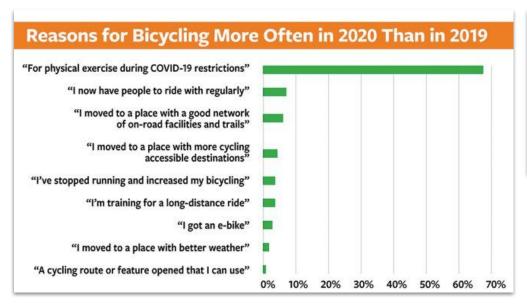
We are in the midst of a bike boom for older adults

- Older adults are an important and growing sector of cyclists
 - Number of older adults (65+) biking to work increased 29% from 2014 to 2018*
- AARP finds current trends are benefiting older adults:
 - Better biking networks
 - Bike share programs
 - Increase in e-bike, adaptive bike options



All indications are that the pandemic only accelerated the boom

 Older adults in every age group reported cycling more often during the pandemic than they did before it*





^{*} Data from 50+ Cycling Survey conducted by Carol Kachodoorian, supported by AARP Almost 3,000 respondents, 12% identifying as non-white, near-even split between men and women

The same things that benefit pedestrians also benefit cyclists

• Safety:

- Slower speeds
- Visibility
- Protection

Comfort:

- Benches
- Street trees
- Wayfinding signs

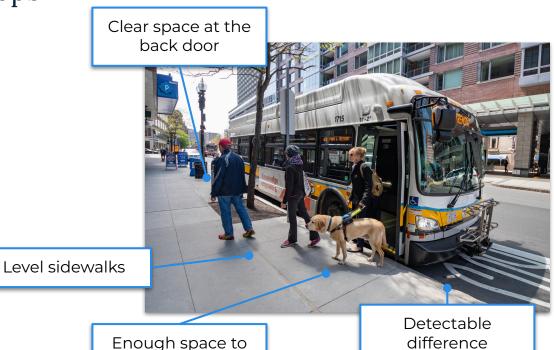






Age-friendly streets include accessible transit

- Well-designed bus stops
- Travel training
 - MBTA workshops
 - Age Strong "Bus Buddies"



Enough space to deploy a ramp

difference between sidewalk and travel lanes

Streets that are safe for other modes are also age-friendly for driving

AARP's Planning for Complete Streets for an Aging America* advocates for:

- **Slower speeds**, particularly where drivers and pedestrians interact and need more time to make to make and execute decisions
- **Clarity** so it's easy to understand how to navigate safely among pedestrians, cyclists, and other drivers. Signs and lighting are particularly important.
- Visibility so it's easy to notice, read, understand and respond to visual cues and information.



Our streets can contribute to an age-friendly public realm

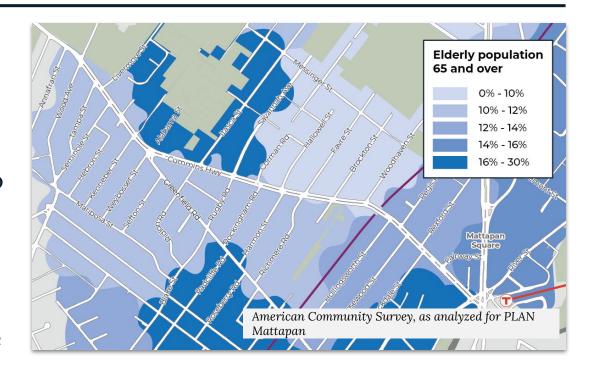
- Streets comprise the majority of Boston's public space
- People interact with more frequently and positively when walking, biking, and taking transit
- Traffic-calmed streets provide opportunities for spontaneous interactions
- We're always looking for opportunities for pocket parks, plazas, and gardens





Why are we focused on age-friendly design for Cummins?

- Mattapan has a higher percent of older adults (65+) than the City average (13% vs. 11.5%)
- We want older adults to be able to stay active and engaged in their communities
- We work across
 departments to provide
 affordable, dependable,
 user-friendly, and safe
 travel options



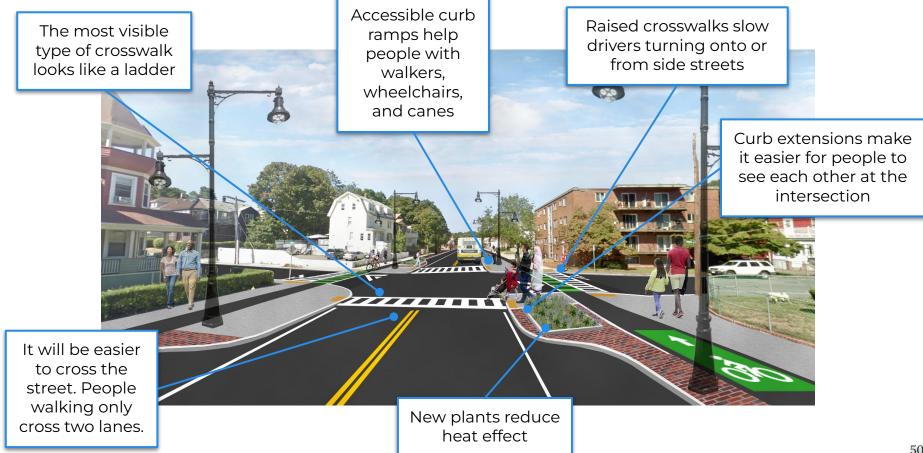
We are making Cummins a Complete Street

With this reconstruction project, we have the opportunity to make Cummins usable by **people of all ages** and **abilities by any means**–a true Complete Street.

Tomorrow's Cummins will provide older adults **more options** to get around safely and affordably.



We'll design intersections to be safe for people of all ages



Our traffic signals will be easier for elders walking, driving, or biking

- Sufficient signal time for people walking and rolling to cross
- Audible pedestrian signals
- Where appropriate:
 - Pedestrian head-starts
 - Protected phases





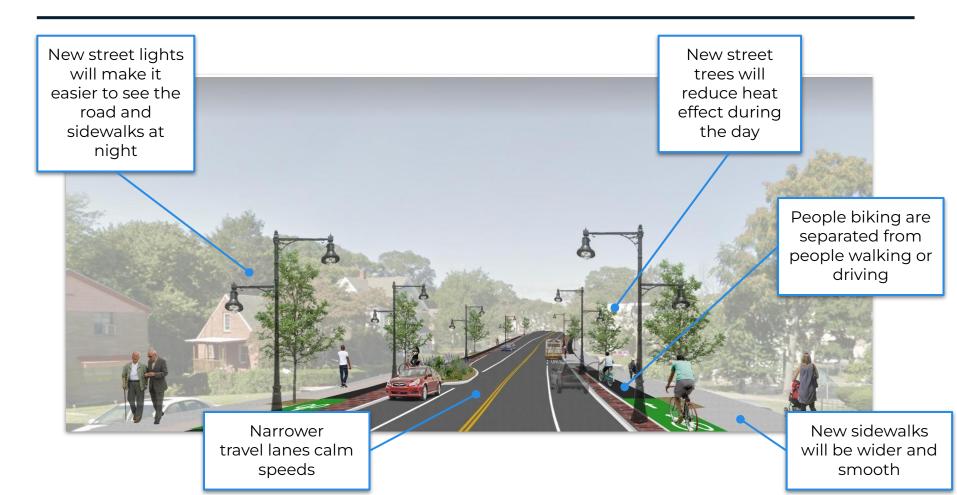




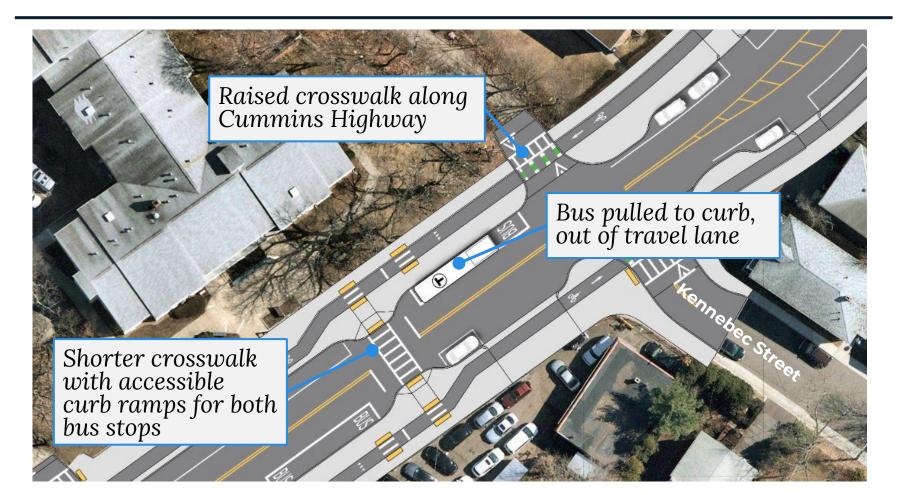
4 to 6 seconds



We'll improve safety along the roadway, too



We'll plan for better bus stops



We're working to provide bus shelters

- Bus shelters provide refuge from the weather and a place to sit
- We will design Cummins Highway so there is room for bus shelters
- We are still working out the details!
 - Type of bus shelter
 - Maintenance
 - How many bus stops will have shelters



We're working to add amenities that bring comfort, ease, and joy

Along Cummins, we're planning for:

- Benches
- Shade
- Bike parking
- Signage
- Art









The Cummins Highway reconstruction goal: safer, more accessible

Transform Cummins Highway into a **tree-lined neighborhood street** that is safer for families to walk, wait for the bus, ride bikes, or travel by vehicle.

It will connect residents to the City's network of open spaces and make it easier for elders to cross the street.



Timeline of Cummins Highway reconstruction project

Apr. 11, 2019 1st public meeting at Mattahunt

Feb. 27, 2020 3rd public meeting at Mattahunt

Presented design concepts





Oct. 29, 2019 2nd public meeting at Mattahunt

Jun., 2021 - Ongoing

Engagement for the design of Cummins Reconstruction

- June: Special T-Talk Arrested Mobility with Mattapan Food & Fitness
- July: Heat Resilience
- July: Air Quality
- August: Land Use
- September: Lighting
- October: Public Health
- October: Green infrastructure
- January: Bus stops
- February: Street trees
- March: Roundabouts and intersections

We will continue to have conversations with you about the redesign of Cummins Highway. Your input during these discussions will be used to inform the design of Cummins and will be shared with other departments to inform their work as well.

In June, 2021 we hosted a special edition of T-Talk with Charles T. Brown to discuss ways mobility of Black Americans is limited in the U.S. through police, policies, and polity.

- **y** twitter.com/ctbrown1911
- equitablecities.com

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- **y** twitter.com/ctbrown1911
- equitablecities.com

In July 2021, we hosted two virtual meetings with the Environment Department:

We talked about the City's heat resilience study and the redesign on Cummins. During this conversation we heard:

- You would like us to add more shade. We are looking into trees and shelters. Look for a community conversation in the coming months!
- You were concerned about the temporary redesign and its impact on emergency services and traffic.

We talked about air quality and how transportation policies and design influence air quality. During this conversation we heard:

- You were interested in us monitoring air quality on the corridor. We are looking at locations where air quality monitors can be located in the project area.
- You were concerned about the temporary redesign on Cummins Highway and how traffic is affecting air quality.

Air quality sensors have been installed on Cummins Highway

- Following our conversation in July, we installed air quality sensors along Cummins Highway
- A partnership between the City's Environment Department, Public Works Department, and the Mayor's Office of New Urban Mechanics
- There are 8 air quality sensors along or near Cummins Highway (signs just went up!)



The sensors measure particulate matter and nitrogen dioxide

- We're hoping to learn:
 - What effect will the Cummins
 Highway reconstruction have on local air quality?
 - How can we best use the air quality data we collect?
 - How can we best make the data open and accessible to everyone?
- We will have online dashboard to share later this year



In August 2021, we hosted a virtual meeting with the Boston Planning and Development Agency:

We talked about PLAN Mattapan, how their work related to transportation, and how our departments collaborate. During this conversation we heard:

- That Cummins is part of a network, therefore we need to take a look at the traffic on side streets too. We conducted traffic counts.
- You want us to be proactive and make sure we are working with MBTA, trash removal trucks, and school buses on traffic management before the a new design is implemented.

In September 2021, we hosted a virtual meeting with the City's Street Lighting Division:

We talked about the goals of the city for street lighting and the opportunities for the Cummins Reconstruction. During this conversation we heard:

- You were concerned about the brightness and color of the light, we will work with you to find the appropriate brightness and color that can help improve visibility.
- You wanted to know where you can see lighting similar to the one Public Works is proposing.
 - River Street from Cummins Highway to Hyde Park (Way St)
 - Nubian Square

In early October 2021, we hosted a virtual meeting with the Boston Public Health Commission:

We talked about the connection between street design, health, and wellbeing. During this conversation we heard:

- You were concerned about the traffic during the trial and the effect on side streets. We conducted traffic counts in September on side streets. We are scheduling new traffic counts on side streets now that the trial has ended.
- You wanted to know more about how we are engaging residents of the community in the process for the redesign. We went over some of the other ways people are receiving information and engaging with our project.

In January 2022, we hosted a virtual meeting to discuss bus stops on Cummins Highway:

We talked about:

- How we plan to space bus stops along the corridor
- What factors make a bus stop accessible
- How we plan to design bus stops on Cummins Highway



In February 2022, we hosted a virtual meeting to discuss the City's Urban Forest Plan and street trees:

We talked about:

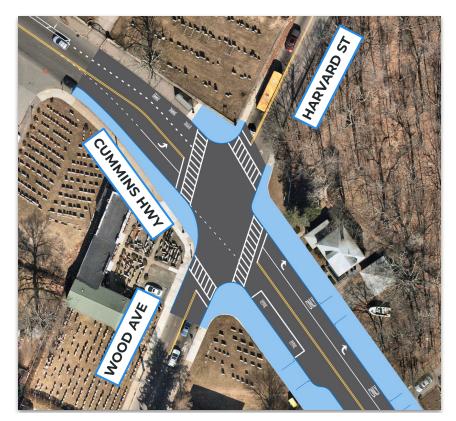
- How the Urban Forest Plan will establish policy, practice, funding, design for trees across Boston
- The ways we can all support the health of our street trees, new and old
- What we know about trees on Cummins Highway today
- Design techniques to preserve existing trees and to be sure new trees can thrive



In March 2022, we hosted a virtual meeting to discuss roundabouts and intersections on Cummins Highway:

We talked about:

- How the City plans for vehicular traffic in the context of safety
- All the factors we consider in designing intersections



This is a preliminary design. We may make changes as we continue our work.

Our next meeting will be on May 25

Street Design for All Abilities in the Cummins Highway redesign

- Wednesday, May 25
- 6:30 p.m.
- Register: bit.ly/Cummins-May25



You can now ride route 23, 28, and 29 FOR FREE

Route **23**, **28**, **and 29** bus riders are able to board buses at all doors without paying a fare for two years.

More information at boston.gov/free-bus



Rental Relief Fund

City of Boston is dedicating federal funds to help Boston residents who have been economically impacted by the COVID-19 pandemic and are having difficulty paying their rent.

For more information about eligibility, resources, and to apply:

boston.gov/rental-relief

Visit <u>boston.gov/housing-stability</u> or call (617) 635-4200 for additional information on your rights as a renter.

TEACH THE JOYS OF BIKING!

WE ARE HIRING

- ► Part-time with daytime, evening, and weekend events
- ▶ \$19 \$21 per hour
- ▶ Must live in Boston

APPLY: boston.gov/news/teach-joys-biking



Ride Bluebikes at a discount!

Discounted passes are available for our public bike share.

People who participate in public assistance programs or otherwise have a qualifying income can receive a discount.

Discounted passes are only \$50 a year or \$5 a month with no annual commitment. Include unlimited one-hour trips.

boston.gov/discounted-bluebikes



Taste of Dorchester

- Massachusetts Affordable Housing Alliance's annual event
- April 28, 2022
- 6-8 p.m.
- Local 103 IBEW at 256
 Freeport Street



Boston Fire Teen Academy

- Jobs for youth ages 14-18
 - Must be 14 on/before 9/1
 - Cannot be 19 on/before 9/1
 - Must be full-time resident
 - Must be legally permitted to work in the US
- Application deadline: April 29
- Employment from July 11 -August 25
- 25 hrs/week (Mon-Thu)
- \$14.25 per hour

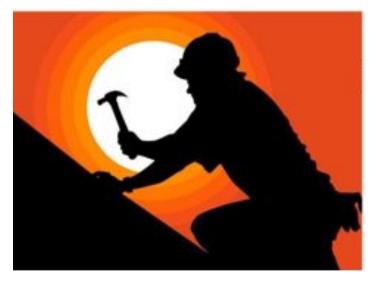


https://successlink-boston.icims.com/jobs/21689/boston-fire-department--teen-fire-academy/

Construction Training Program with DotCONSTRUX

- Training for Dorchester and Mattapan residents
- (Virtual) orientation session: May 5
- Registration <u>bit.ly/3LCwoUB</u> by **May 1**
- Classes/Workshops include:
 - o Fundamentals of construction
 - Introduction to electrical
 - Introduction to painting
 - Introduction to plan reading
- Perks:
 - \$300 stipend
 - OSHA-10 card
 - First aid/CPR certification
 - Resume building/writing
 - Access to employment opportunities





Love Your Block Mini-Grants

- Win up to \$3,500 for a community beautification project
- Apply by June 10

bit.ly/LYB-Grants



SuccessLink Youth Jobs Program

- Jobs for youth ages 15-18
- Apply by 4/29 to boston.gov/youth
- Up to 25 hrs/week
- 14.25 an hour



Mayor's Neighborhood Coffee Hour Series

- Free coffee, donuts, flowering plants
- 9:30 a.m. to 10:30 a.m.
- Ronan Park, Dorchester
 - Mount Ida Road and Marie Street
 - o Wednesday, 6/22
- Walker Playground, Mattapan
 - 550 Norfolk Street, Mattapan
 - Wednesday, 6/30







Bus Buddies

- Trained volunteers help older adults navigate public transit
- Build confidence taking the MBTA
- Call 617-635-4366 for more info



Disability Community Forum

Learn about the city's accessibility, learn about initiatives and priorities and provide input

Date:

May 11, 2022 from 2:00 to 3:30 P.M.

Suffolk University Law School

120 Tremont Street

Boston, MA 02108

https://www.boston.gov/calendar/disability-community-forum

2022 Disability Community Forum



Please join us for an opportunity to meet City of Boston government officials, learn about accessibly initiatives, and provide input about accessibility priorities. To submit questions in advance visit: boston.gov/disability

When: May 11, 2022 from 2:00-3:30pm

Where: Suffolk University

Law School

120 Tremont St. Boston MA 02108









Stay in touch:

Boston's Age Strong Commission

- Visit website: <u>www.boston.gov/age-strong</u>
- Email: <u>agestrong@boston.gov</u>

Cummins Highway Reconstruction

- Visit the project website: <u>boston.gov/cummins-highway</u>
- Chat with us: bit.ly/Cummins-15
- Reach out to Jeff Alexis: <u>jeffrey.alexis@boston.gov</u>